

CONVERSATIONS WITH EDUCATORS

ABOUT SELF-CARE

WHEN

Saturdays: Feb. 11, March
11 & April 22
10 - 11:30am

WHERE

The Stone Center for
Counseling & Leadership
1106 Harding Place, Charlotte, NC 28204

RSVP Required:

Danielle Hughes // 704-665-0065 x. 25 //
danielle@thestonecenternc.com

WWW.THESTONECENTERNC.COM

*YOU'RE
INVITED!*

COST

FREE workshop

Please invite 1-2
colleagues.

RSVP REQUIRED

Space is limited

PROVIDED

Coffee

Light refreshments

PLEASE BRING

1-2 Colleagues

Experiences to share

Ideas for self-care